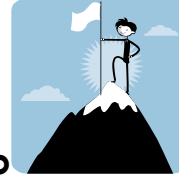




Knock Out The Knob



## **PILOT KNOB 10K RUN**

### **Saturday, November 3, 2007**

**Part of 29<sup>th</sup> Annual Tennessee State Parks Running Tour**

**NATHAN BEDFORD FORREST STATE PARK, Eva, TN - Park info 731-584-6356.**

**Directions:** From Nashville, take I-40 West to the Camden exit 126 (Hwy 69 or SR 641). Take Hwy 191 to Eva Beach Drive on Tennessee River.

**Start and Finish:** at Eva Beach Pavilion and conquer the highest point in West Tennessee. The 10K race starts at 11:00 AM central time.

**Course:** starts on Eva Beach Drive then turns left onto Hwy 191. At the park entrance, continue on County Hwy 308 to the summit turnaround and water stop and return to the beach. Every mile is marked. Water at miles 2 and 5.

**Awards:** Five-year age groups with 3 awards in each category from under 10 to 70+. Special awards to overall male and female winners.

**Pre-registration Deadline:** October 27, 2007. Race day registration is from 9:45 to 10:45 a.m.

**Long Sleeve T-shirt:** guaranteed to all pre-registered runners only.

**Race Directors:** Mike Bell, Jackson Roadrunners (731-584-9147)  
Warren Wilson (731-584-2548) [mike.bell@tennk12.net](mailto:mike.bell@tennk12.net)

**Entry Fee:** \$15.00 payable to Pilot Knob 10K or \$5.00 without shirt. (Late fee without T-shirt \$10.00) No shirts race day.

Mail registration to: **Pilot Knob 10K**  
**1900 Liberty Rd**  
**Camden, TN 38320**

[Link to Registration Forms](#)